

NADIA

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FARM TO FORK BREAKFAST MENU

A memorable culinary experience with seasonal and custom-themed breakfasts, locally-sourced ingredients, and warm hospitality. Our eclectic menu features an updated version of local favorites, as well as delicious and satisfying organic and fresh options.



FRESH VEGETABLES FROM THE FARM

Farm fresh, picked at its peak ripeness when it's most nutrient-dense. Compared to commercial farms, there is no artificial air, lights, temperature changes, added chemicals, or long transport time which causes food to lose nutritional value.

FARMER'S SALAD

(SERVED COLD) Serving:250g | Cal:308g | Fat:18g | Salt:2g

With greens, boiled beetroot, walnuts, and homemade honey vinaigrette.

PKR. 869

KETO CAULIFLOWER CHICKPEA

UPMA (SERVED COLD) Serving:200g | Cal:200g | Fat:11g | Salt:2g 

PKR. 819

CHOICE OF SIDE DISHES (SERVED HOT)

GRILLED TOMATO, HASHBROWN POTATO, PAN-SAUTEED

SEASONAL VEGETABLES Serving:120g | Cal:159g | Fat:4g | Salt:2g

PKR. 529

DAAL OF THE DAY

(GMO FREE) (SERVED HOT) Serving:310g | Cal:1059g | Fat:67g | Salt:6g

PKR. 529

MIXED ORGANIC BEAN

CASSEROLE (SERVED COLD) Serving:240g | Cal:399g | Fat:12g | Salt:3.5g 

PKR. 1509

CHIA SEEDS, AVOCADO, WHITE CHEESE & EGG BOWL

(SERVED COLD) Serving:240g | Cal:743g | Fat:25g | Salt:2g   

PKR. 2209

MARINATED OCEAN TUNA

SALAD BOWL (SERVED COLD) Serving:380g | Cal:368g | Fat:2.5g | Salt:3g 

PKR. 3129

EGGS

Farm Fresh Free Range Eggs: Have less cholesterol and saturated fat than those purchased from the store. Containing 25% more vitamin E, 75% more beta carotene, and up to 20 times more Omega-3 fatty acids.

STEAMING COMFORT BOWL

(SERVED HOT) Serving:160g | Cal:99g | Fat:0.25g | Salt:3g  

Boiled eggs of your choice (soft boiled-medium boiled-hard boiled), served with steamed broccoli.

PKR. 1509

LOCAL CLASSIC BOWL

(SERVED HOT) Serving:405g | Cal:944g | Fat:23g | Salt:5g   

Cage-free fried eggs, all natural served on top of grilled muffin bread with potato wedges topped with cheese.

PKR. 2089

PAKISTANI OMELETTE

(SERVED HOT) Serving:320g | Cal:376g | Fat:12g | Salt:3g  

With onion, tomato, and turmeric.

PKR. 1689

VEGETABLE STUFFED FOLDED

OMELETTE (SERVED HOT) Serving:325g | Cal:511g | Fat:21.5g | Salt:2g  

PKR. 2089

EGG WHITE OMELETTE

(SERVED HOT) Serving:300g | Cal:202g | Fat:8g | Salt:0g  

With homemade hashbrown potato

PKR. 2089

FARMER'S OMELETTE

(SERVED HOT) Serving:150g | Cal:397g | Fat:7g | Salt:3g   

With diced potatoes, aged cheese, and chicken tenders.

PKR. 2089

EGG WHITE FRITTATA

(SERVED HOT) Serving:325g | Cal:277g | Fat:6g | Salt:3g  

PKR. 2209

EGG BENEDICT (SERVED HOT) Serving:415g | Cal:995g | Fat:53g | Salt:4g   

PKR. 2269

EGG THE FRENCH

(SERVED HOT) Serving:300g | Cal:661g | Fat:35g | Salt:0g   

PKR. 1979

SHAKSHOUKA (SERVED HOT) Serving:175g | Cal:201g | Fat:3g | Salt:3g  

PKR. 1979

POACHED EGG (SERVED HOT) Serving:245g | Cal:344g | Fat:5g | Salt:2g  

PKR. 2089

served on toasted sourdough bread served with hashbrowns and grilled tomato topped with herbed croutons.

TURKISH MENEMEN

(SERVED HOT) Serving:140g | Cal:198g | Fat:3g | Salt:3g  

PKR. 2089

EGG CHORON (SERVED HOT) Serving:445g | Cal:998g | Fat:46g | Salt:4g   

PKR. 2209

EGG FLORENTINE (SERVED HOT) Serving:445g | Cal:985g | Fat:46g | Salt:4g   

PKR. 2269

SCRAMBLED EGG (SERVED HOT) Serving:240g | Cal:954g | Fat:21g | Salt:1g   

PKR. 2269

Served on whole wheat warm bread topped with feta cheese and hashbrown potato



CHICKEN

Pasture-raised chickens have a lower risk of obesity due to their active lifestyle and reduced instances of foot pad infections resulting from walking freely in their natural environment all day.

CHICKEN QEEMA (SERVED HOT) Serving:350g | Cal:734g | Fat:24g | Salt:5g **PKR. 2209**

PAKISTANI GRAVY CHICKEN
(SERVED HOT) Serving:360g | Cal:1000g | Fat:47.5g | Salt:6g **PKR. 2319**

PAN ROASTED SPRING CHICKEN
(SERVED HOT) Serving:280g | Cal:798g | Fat:14g | Salt:4g **PKR. 2319**
With olive oil & oregano

CHICKEN BURGER (SERVED HOT) Serving:405g | Cal:1133g | Fat:63g | Salt:2g **PKR. 2559**
With sunny side up fried egg served with a homemade hashbrown

BEEF

Grass-fed beef from farms is a healthier alternative to grain-fed beef, as it contains higher levels of vitamins A and E, as well as other antioxidants. It is also known to have cognitive benefits and may reduce the risk of chronic diseases, including cardiovascular disease and cancer.

BEEF QEEMA (SERVED HOT) Serving:350g | Cal:761g | Fat:26g | Salt:5g **PKR. 2439**

GRILLED MEDALLION STEAK
(SERVED HOT) Serving:335g | Cal:830g | Fat:24.5g | Salt:3g **PKR. 2439**
170g with hash brown and upside-down fried egg




HOUSEMADE CORNED BEEF HASH
(SERVED HOT) Serving:320g | Cal:582g | Fat:16g | Salt:3g **PKR. 2899**

PAKISTANI BEEF BURGER
(SERVED HOT) Serving:395g | Cal:1345g | Fat:45g | Salt:3g **PKR. 3369**
Served with grilled tomato and potato wedges topped with sesame seeds




WHEAT & FLOUR FROM THE FARM

Farm produce includes pesticide-free grains that are not artificially processed, making them a more natural alternative to other commercial flours.

PARATHA (SERVED HOT) Serving:180g | Cal:966g | Fat:41.5g | Salt:5g  **PKR. 579**

WHOLE WHEAT MINI CROISSANT (SERVED WARM) Serving:60g | Cal:394g | Fat:12g | Salt:1g    **PKR. 929**

THE ART OF WHOLE WHEAT MUFFINS (SERVED WARM) Serving:80g | Cal:381g | Fat:7.5g | Sugar:25g    **PKR. 1049**

MULTIGRAIN TOASTED BREAD (SERVED COLD) Serving:150g | Cal:331g | Fat:5g | Salt:1.5g    **PKR. 1159**
With tomato slices, green salad, kalamata olives & cheese



MULTIGRAIN CHEESE STRAW (SERVED WARM) Serving:80g | Cal:575g | Fat:16g | Salt:1g   **PKR. 1399**




GRANOLA BAR (SERVED COLD) Serving:160g | Cal:783g | Fat:46g | Salt:2.6g   **PKR. 1509**

DRY CAKE WITHOUT SUGAR (SERVED WARM) Serving:160g | Cal:806g | Fat:39g | Salt:0g    **PKR. 1739**

BRIOCHE FRENCH TOAST (SERVED WARM) Serving:190g | Cal:328g | Fat:3g | Sugar:34g     **PKR. 1799**
Served with walnuts, honey and caramelized bananas

SOURDOUGH BREAD SANDWICH (SERVED COLD) Serving:200g | Cal:598g | Fat:20g | Salt:2g    **PKR. 1979**
With tomato, feta cheese, olive oil, and oregano

GLUTEN-FREE AVOCADO TOAST (SERVED COLD) Serving:150g | Cal:916g | Fat:37g | Salt:3g   **PKR. 1979**

FRESH WAFFLE AND WHIPPED CREAM (SERVED WARM) Serving:140g | Cal:806g | Fat:40g | Sugar:25g    **PKR. 1979**
With fresh milk and honey

ALL ABOVE RATES ARE SUBJECTED TO APPLICABLE GOVERNMENT TAXES

ORGANIC MILK

Contains excess protein derived from casein that can help improve mineral absorption. Drinking organic milk should supply you with ample vitamin D and calcium, all of which are believed to help lower hypertension.

LASSI SALTED OR PLAIN

(SERVED COLD) Serving:300g | Cal:326g | Fat:7g | Salt/Sugar:5/0g 

PKR. 929

HOMEMADE YOGURT MADE WITH FRESH

FARM MILK (SERVED COLD) Serving:200g | Cal:376g | Fat:12g | Salt:0g 

PKR. 1049

CLASSIC BUTTERMILK PANCAKES

(SERVED WARM) Serving:210g | Cal:637g | Fat:18g | Sugar:25g   

With whipped butter and honey.

PKR. 1049

RICE PUDDING (SERVED COLD) Serving:200g | Cal:549g | Fat:14g | Sugar:40g  

Vanilla flavoured pudding made with Pakistani rice & farmer's milk.

PKR. 1399

SEASONAL FRUIT PLATTER

(SERVED COLD) Serving:300g | Cal:65g | Fat:0.26g | Salt:0g

PKR. 1049


FARMER'S CHEESE PLATTER

(SERVED COLD) Serving:250g | Cal:765g | Fat:38g | Salt:0g  

PKR. 2899






SALADS

BEANS BOWL Serving:250g | Cal:446g | Fat:12g | Salt:2g 
Selection of assorted beans with dressing vinaigrette

PKR. 1249

GREEN CORDES CHICKEN Serving:250g | Cal:435g | Fat:16.5g | Salt:2g 
Crispy sourdough bread slice, grilled chicken, variety of green lettuce, avocado and cucumber with green apple dressing

PKR. 1349



CLASSIC CAESAR Serving:250g | Cal:918g | Fat:49g | Salt:2g   
Fresh crunchy lettuce romaine tossed in Caesar dressing topped with grilled chicken, crispy beef bacon and croutons

PKR. 1949

SANDWICHES

HOT HONEY CRISPY CHICKEN SANDWICH Serving:380g | Cal:1869g | Fat:61.5g | Salt:3g  
French baguette, house special crispy fried chicken, green lettuce, served with spicy hot honey sauce, French fries and coleslaw

PKR. 1799

NADIA CLUB Serving:380g | Cal:1122g | Fat:57g | Salt:2g  
Pan-seared chicken slice, caramelized onions, avocado, fresh lettuce, tomatoes and egg, layered white bread sandwich, served with French fries and coleslaw

PKR. 1999

PASTRAMI Serving:360g | Cal:1510g | Fat:36g | Salt:2g  
Crispy sourdough bread, house smoked pastrami, crunchy sauerkraut, sliced cheese, creamy Russian dressing with dill pickles, served with French fries and coleslaw

PKR. 2149



GRILLED CHICKEN

& CHEESE Serving:300g | Cal:1342g | Fat:30g | Salt:5g   

Garlic flavoured mini focaccia bread, sweet and spicy onions, grilled chicken fillet, cheese and pineapple, served with French fries and coleslaw

PKR. 1599

MUSHROOM & BEEF

FILLET Serving:350g | Cal:979g | Fat:28g | Salt:2g   

French baguette, grilled beef tenderloin, brown sauce, sautéed fresh mushrooms, green lettuce and tomato, served with French fries and coleslaw

PKR. 1999

CROQUE MADAME Serving:280g | Cal:1215g | Fat:21g | Salt:2g   

Sourdough bread, smoked beef, cheddar cheese, yellow mustard, cheese sauce and sunny side up egg, served with French fries and coleslaw

PKR. 2249

WRAPS

POCKET FALAFEL Serving:250g | Cal:1180g | Fat:83g | Salt:2g  

Lebanese bread filled with fried falafel, fattoush salad and French fries, served with tahini and garlic sauce

PKR. 1299

TANDOORI CHICKEN ROLL Serving:250g | Cal:1177g | Fat:56g | Salt:2g 

Freshly made tawa roti rolled with tandoori shawarma chicken, French fries, sautéed onions and fresh coriander, served with garlic and spicy plum sauce

PKR. 1349

CHICKEN KEBAB ROLL Serving:350g | Cal:766g | Fat:53g | Salt:2g  

Fresh tawa roti rolled with chicken kebab, sautéed onions, French fries and fresh coriander, served with mint chutney

PKR. 1599

MUTTON KEBAB ROLL Serving:350g | Cal:1210g | Fat:88g | Salt:4g   

Fresh tawa roti rolled with mutton kebab, sautéed onions, French fries and fresh coriander, served with mint chutney

PKR. 2299



NADIA BURGERS

CHICKEN SMASH Serving:310g | Cal:1346g | Fat:89g | Salt:5g    **PKR. 1799**
Double juicy chicken patty, lettuce, tomatoes topped with cheddar cheese, served with French fries and sambolic sauce

BEEF SMASH Serving:310g | Cal:1761g | Fat:68g | Salt:5g    **PKR. 2299**
Double juicy beef patty, lettuce, tomatoes topped with cheddar cheese, served with French fries

TRUFFLE BEEF BURGER Serving:310g | Cal:1970g | Fat:66g | Salt:5g    **PKR. 2399**
Beef patty, truffle mayonnaise, lettuce, tomatoes topped with cheddar cheese, served with French fries and truffle sauce

AFTERNOON TEA

PAKISTANI STYLE AFTERNOON TEA **PKR. 2499**
Serving:570g | Cal:2169g | Fat:62g | Salt:8g    

**THREE FLAVOURS OF COLD SANDWICHES
AND COLD CANAPÉS**
(beef, chicken and vegetable)








**SAMOSA, VEGETABLE PAKORAS, VEGETABLE
QUICHE, CHICKEN BOTI**

TWO KINDS OF PAKISTANI SWEETS

TWO KINDS OF DRY PASTRIES
(served with choice of mixed or separate tea)



PUFF MENU

- VEGETABLE CURRY PUFF** Serving:140g | Cal:509g | Fat:17g | Salt:3g  **PKR. 459**
Potatoes, carrots, green peas cooked with green chilies stuffed in puff pastry
- CHICKEN SAUSAGE ROLL** Serving:140g | Cal:461g | Fat:8g | Salt:2g  **PKR. 499**
Chicken sausage stuffed in puff pastry
- CHICKEN PATTIES** Serving:140g | Cal:551g | Fat:14g | Salt:3g  **PKR. 599**
Shredded chicken cooked with onion and green chilies stuffed in puff pastry
- BEEF PUFF** Serving:140g | Cal:571g | Fat:20g | Salt:3g  **PKR. 599**
Beef mince cooked with local spices stuffed in puff pastry
- MUTTON QUICHE** Serving:140g | Cal:528g | Fat:20g | Salt:3g    **PKR. 699**
Minced mutton, egg, cream and cheese stuffed in salted dough



COLD BEVERAGES

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|------------------------------|------------------|
| MINERAL WATER (SMALL) | PKR. 189 |
| MINERAL WATER (LARGE) | PKR. 319 |
| CANNED SOFT DRINK | PKR. 429 |
| FRESH LIME SODA / 7UP | PKR. 750 |
| ICED TEA | PKR. 550 |
| COLD MACHA TEA | PKR. 559 |
| COLD COFFEE | PKR. 999 |
| PINA COLADA | PKR. 999 |
| MINT MARGARITA | PKR. 999 |
| PERRIER WATER (SMALL) | PKR. 1559 |
| PERRIER WATER (LARGE) | PKR. 2459 |

HOT BEVERAGES

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|---|-----------------|
| TEA | PKR. 550 |
| GREEN TEA | PKR. 550 |
| TURMERIC CAFÉ | PKR. 550 |
| CAFÉ AMERICANO | PKR. 619 |
| CAFÉ MOCHA | PKR. 619 |
| FLAVOURED COFFEE (CARAMEL, VANILLA, HAZELNUT, CHOCOLATE) | PKR. 649 |
| CAPPUCCINO | PKR. 650 |
| ESPRESSO SINGLE | PKR. 659 |
| DOUBLE ESPRESSO | PKR. 759 |
| FLAVOURED CAFÉ | PKR. 689 |
| HOT CHOCOLATE | PKR. 709 |
| CAFÉ LATTE | PKR. 659 |

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Pearl-Continental

LAHORE